

Slice of Bread

Monthly Newsletter of Bread of Life Lutheran Church
1415 17th Ave Southwest, Minot, ND 58701 701-838-3360 breadoflifeminot.org bollc@srt.com
Welcoming, deepening and serving in faith for all God's people.



September 2021

Pastor Patrick Torbit



A Message from Pastor Patrick.....

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

We know this prayer as the "serenity prayer". It is attributed to Reinhold Niebuhr who lived from 1892-1971. Niebuhr was an American theologian and ethicist, and a professor at Union Theological Seminary, a non-denominational Seminary in New York City for 30 years. He is said to have been a "public theologian" writing and speaking "frequently about the intersection of religion, politics, and public policy." Niebuhr even received the presidential medal of freedom in 1964 and was named "The greatest Protestant theologian in America since Jonathan Edwards" by Time Magazine. As I looked into the history of this simple and powerful prayer, it is well documented in one of Niebuhr's sermons in 1943 to Heath Evangelical Union Church in Heath, Massachusetts. But it is actually said to have been written by Niebuhr about ten years earlier, around 1932-33. As we think about the historical context of this prayer, the later sermon date would have been in the throes of World War I, and the earlier original date would have been amid the Great Depression. It is against the backdrop of some very bleak and anxious times that this prayer comes into being. Since then the prayer has become a central one of Alcoholics Anonymous and other 12 step programs.

It's also interesting that the original form of the prayer asked for courage first...

"Father, give us courage to change what must be altered, serenity to accept what cannot be helped, and the insight to know the one from the other."

This prayer has come to mind for me recently. Like the 1930's and 1940's I think we find ourselves all too aware of things that are pretty well out of our hands. What can any one of us do to fix the Covid issue or to address unrest and violence in Afghanistan or to help the drought affected places of our world? We are mindful of hard things we cannot change. These uncertain and anxious times can leave us feeling pretty helpless and maybe even a bit despairing. But this prayer of Niebuhr's reminds us that there are indeed things we can control. The prayer invites us to dare to believe that there are even things that we can change through God-given courage. The trick then is to allow the Holy Spirit to show us what we can and can't do about changing the world in order to make it a better place, more in resemblance of the loving will of God.

Take some time with Niebuhr's prayer.

What are some things out of your hands that you might come to accept?

What are some things you might be able to change having been given courage by God?

Serenity, courage, and wisdom be yours in Christ,

Pr. Patrick

**Our new Sunday morning schedule begins on
Sunday September 19th!**

Worship at 9:30am, Fellowship at 10:30am

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## Bread of Life Vegetable Garden Spotlight

*Plant vegetables and make this world a hunger free place to live.*

( [bestmessage.org](http://bestmessage.org) )

As you may remember, at the beginning of the summer, a vegetable garden was planted on the grounds of Bread of Life. I would like to thank those of you who helped plant the garden, helped weed, water and harvest the produce.

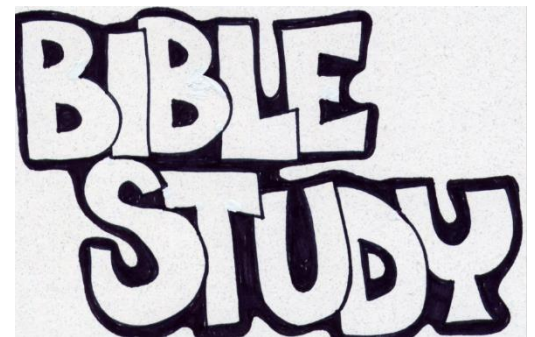
In Matthew 25:21 we hear these words: ***His master said to him, 'Well done, good and faithful servant. You have been faithful over a little; I will set you over much. Enter into the joy of your master.'*** This verse reminds us that although the garden did not produce huge amounts of vegetable this year, it did produce a little and that small amount made a difference. I am delighted to share with you that the vegetables from the Bread of Life gardens are being donated to the Christ Lutheran Soup Kitchen ministry which takes place every Tuesday. In this we are making a difference!

I am already looking forward to next summer and to expanding the Bread of Life community garden. If you have any ideas for how to make it even better next year or if you would like to help with next years garden, please let me know.

Many blessings,  
Tammy Hamm  
Pastoral Assistant

### Noon Bible Study

There will be **NO** Noon Bible Study on Tuesday September 14<sup>th</sup>. Our noon Bible study on Tuesdays will be meeting in person, OR via zoom. You will still receive an email with a zoom link attached. If you are more comfortable meeting via zoom, please feel welcome to do so. Check your emails on Mondays for the link.



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**LCM “Soup-TO GO”** LCM Tuesday “Soup – TO GO” at Minot State University will begin on September 14, with Bread of Life up first to serve. We will need six volunteers help with serving “Soup-TO GO”. A sign-up sheet will be in the narthex. Volunteers need to arrive by 10:00 am to serve soup and stay until 1:00 to help with clean up. Monetary donations will be accepted to help with the cost of \$325. Bread of Life will also serve November 30. Thank you for all your help and support. If you have questions, please call Carmen Fricke at (701)721-1905.



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Upcoming Fellowship:

Everyone is welcome. If you have questions, contact Bill Klimpel at 240-5803.

- September 4th Breakfast 830AM @ Perkins
 - September 18th Supper 630PM @ Olive Garden
 - October 2nd Breakfast 830AM @ Denny’s
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God’s Work, Our Hands - Sunday September 12th

We will be putting together care packages for college students, and stocking the LCM food pantry on September 12th. Listed below are items that are needed. Please bring in any donations before this date.

LCM FOOD PANTRY ITEMS

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|---------------------------------|--------------|--------------------|
| Peanut Butter | Applesauce | Canned Beans |
| Canned Chicken | Canned Tuna | Canned Veggies |
| Coffee “K” Cups | Crackers | Nuts |
| Granola Bars | Rice | Pasta |
| Whole Grain Cereal | Mac & Cheese | Oatmeal |
| Soup, Stew, Chili | Pasta Sauce | Hot Chocolate |
| Dried or Canned Fruit | Tea | Dried Herbs/Spices |
| Cooking oils (Olive and Canola) | | Laundry Soap |



COLLEGE CARE PACKAGES

(We will be making around 150 packages, so we are aiming for that many of each item. All items need to be individually wrapped)

Lip Balm	Kleenex Small package
Floss	Travel Toothpaste
Gum/Mints	Granola Bars
Drink Mixes	Raisins/Dried Fruit
Microwave Popcorn	
Individually wrapped hot chocolate/tea packs	
Highlighters	Sticky Notes Sharpies



Share your gifts- Is there any interest in leading/teaching Wednesday Church School this upcoming year? Even if you would be interested in occasionally helping us out, it would be wonderful. We would be able to rotate the schedules and take turns teaching. All the plans will be done, no prep is needed. Contact Amanda at bolminotff@gmail.com or Hiedi in the office at (701)838-3360 in you're interested.

Wednesday Nights Kickoff - September 22nd!

Community Meal - 5:15-6pm

Worship - 6-6:30pm

Church School - 6:30-7:15pm (preschool through 5th grade)

Confirmation - 6:30-7:15pm (6th-10th grade)

6th-9th and 10th Grade Confirmation Orientation

Orientation for the year will be held on Wednesday September 22nd during our Wednesday night's kickoff. Parents are asked to please attend!

HELP WANTED:

As we begin our Wednesday programming, we are in need of people to help prepare and serve the evening meal. The recipe and ingredients will be on hand ready to go, we just need volunteers to show up,



make it and serve it. Food prep can be done anytime on Wednesday or even Tuesday evening. The meal will be served from 5:15-6pm, with clean up following. We are currently working on a schedule of volunteers for the year. If volunteers sign up just once or twice during the upcoming year that would be wonderful! Please contact Hiedi in the office if you are able to volunteer in this way. bollc@srt.com or (701)838-3360.

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BOLW: Western Prairie Fall Cluster Gathering will be held at Berthold Zion on Saturday, September 25, 2021 with registration starting at 9:30am. The theme for this day is "Praise the Lord!!" Psalm 111:1. The fall event is the time of the year when the coordination committee holds training sessions for presidents, vice presidents, secretaries, treasurers and mission people, but all women of the church are welcome for a day of devotions & prayer, music, learning, shopping and fellowship. Donations will be collected for the Berthold Food Pantry (non-perishable items) and the Homeless Coalition in Minot (suggested items include socks, t-shirts, pillows) as well as a fall gathering offering that goes ½ to synodical and ½ to scholarship funds. Masks are optional. If you are planning to attend and/or if you'd like to carpool, please alert Michelle Lauckner at 720-7406.

September Ministry Highlight

Nice Work!

Because of your Marketplace stamp donations, we have been able to help some local people in need --

** Gas to get to a new job

** Transportation costs for medical appointments

** Food and gas for new residents just moving to town, prior to first paycheck

If you have any additional stamps or cards to donate, please drop them off at the church office.

Birthdays, Anniversaries, and Baptism Anniversaries.....

If we have missed you on this list, or there is incorrect information on this list, please notify the church office, so we can update our records. You can email bollc@srt.com or call 838-3360 with your updated information.



Celebrate your baptism! Birthdays are traditionally celebrated each year. At each Bread of Life baptism a candle is given to be used each year to help celebrate the baptismal birth day. To encourage remembering this special day, Individuals and their baptism date are included in the newsletter. If your household has a Baptism this month, make it a special day.

September Baptisms

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|---|---|
| 1 LaDawn Berg, William Keslesr,
Peggy Quinlen, Jane Shea | 19 Kaleb Burnham, Troy Huber |
| 3 Katie Abrahamson, Brett Aaron Novlesky | 20 Nora Hardel, Renae Henderson, Mikayla Lemere |
| 4 Renee Harju, Danny Stromberg | 21 Thomas Warman, Tyrel Warman |
| 6 Kyle Grondahl | 23 Neil Melom, Floyd Olaf, Alex Schoenberg-Carton,
Brooklyn Schrum |
| 7 Marvel Bakken, Brian Fricke | 24 Marlene Melom, Jovie Rafferty |
| 8 DuWayne Glein, Cynthia Hamm,
Renden Roteliuk, Courtney Stevens | 25 Frankie Burgard, Tylar Novlesky |
| 9 Lila Striefel, Alexis Sundby | 26 Julia Ellis, Trevor Reiter |
| 11 Joshua Nelson | 27 Clementine Fuller |
| 13 RaeLynn Mapes | 28 Marcus Brackel, Mary Probst, Michelle Schoenberg |
| 15 Tina Boyce | 29 Dylan Ellis |
| 16 Bernard Lahti, Michael Wilber | 30 Jayden Lemere |
| 18 Mickenzie Branson | |

September Anniversaries

- | | |
|---------------------------------|---------------------------------|
| 1 Tom & Mary Probst, 42 | 18 Matthew & Megan Kielman, 11 |
| 2 Phillip & Dara Risbrudt, 15 | Kitty & Arnold Olson, 66 |
| 4 Kathy & Lyn Mosher, 11 | 20 Corey & Kristin Carstens, 13 |
| 8 Phil & Karol Lowe, 9 | 26 Elaine & Earl Schneider, 7 |
| 12 Dustin & Kayla Lawson, 12 | 29 Wendlin & Lila Striefel, 62 |
| 15 Jerry & Konni Nelson, 31 | 30 Michael & Vicki Burnham, 26 |
| 16 Courtney & Robert Stevens, 4 | |
| 17 Steven & Dinell Hall, 5 | |
| Whitney & Jordan Schlichting, 5 | |

September Birthdays

- | | |
|---|---|
| 2 Carla Gilbertson, Renae Weatherspoon | 19 Matt Fylling, Harlow Magnusson,
Mary Zupetz |
| 4 Edward Fry, Amanda Peterson,
Michael Snodgrass | 20 Dane Anderson, Olivia Redding,
Kolter Sauby |
| 6 Dawn Graczyk, Aliya Martinson,
Rick Pierson, Dennis Rowe | 21 Janet Lawson, Donna Roos |
| 8 Marie Sveum, Sebastian Wise | 22 Chaise Grondahl, Kaycee Olson,
Kasidi Scott |
| 9 Joey Caranicas, Jamez Ebel,
Justin Goetz, Royce Hanson, Jerod Nelson | 23 Rick Huber, Betty Olson |
| 10 Allen Arne, Phil Lowe, Kristie Miller | 24 Aiden Bye, Paul Gillund, Jovie Rafferty |
| 11 Dan Gilbertson, Mattie Jacobson, Gavin Kirk | 25 Rayna Magandy, Peggy Quinlen |
| 12 Kelly Eggen, Raymond Mock | 26 Kristin Hall, Cullan Thompson |
| 14 Hunter Abrahamson, Richard Lawson,
Bob Mathews | 27 Payten Lindbo, Rachel Miller, Ed Sundby |
| 16 Linda Mosser, Madison Woody | 29 Aceson Undhjem |
| 17 Leo Hardy | |
| 18 Kim Reiswig, Kyler Roteliuk | |



Please remember in your prayers...

Healing: Lila Striefel; Joylea Knutson; Melvin Diers, twin brother of Mel Diers; Carmen Ruud, friend of Cody; Delton, brother of Wanda Olson; Wendy Striefel; Lester Larson, father of Kathy Sweet; Kayla Lambrecht; Melissa Godejohn; Julie friend of Carmen; Danny Schatz; Mark Osborn nephew of Colleen Sherven; Janice Hewitt; Ardis Neshem; Mardell Poirier; Mavis Bolte; MaryAnn Fitchner;

Health Concerns: Mel Diers; Parker Muhs, great grandson of Joyce Thorp; Dean Gilbertson, brother-in-law of Sandy Gilbertson; Kitty Olson; Wanda Smith; Denise Sundean, daughter of

Delores Bratton; Julie Bonner; Clay Rein; Jan Lawson; Samantha Redding; Laurie Christen niece of Lila Striefel,

Trinity Homes: Alie Conger; Edgewood Vista: Mardell Poirier, Bev Larson, Clay Rein; Elmcroft: Angie Guvakosky,

Morris Ludwig; Somerset Court: Bev Helstedt, Ardis Neshem, ProHealth Home Care: Mary Ann Fitchner;

Wellington: Jan Lawson; Garrison: Marvel Bakken, Wendy Striefel; At Home: Dick Slaaen, Marian Crawford; With

Daughter in Devils Lake: Mavis Bolte

Douglas Trinity Lutheran: Gregory Nelson, Lyn Koppinger, Kent Kolden, Darold Johnson, Gene & Isabel Groninger, Craig Talbott, Dylan Hauf, Darlene Dorenkamper, Gloria Lies, Alvin Magandy, Julie Narum, Karla Hankel, Eli Wilcox;